

# Are You Ready to Pray? (A Spiritual Checklist)

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Before launching into intercession for others, corporate prayer, or even personal prayer, here are some powerful questions to utilize as a way to examine the condition of your heart so that God will hear and respond! Spend some time meditating on these scriptures as you answer the questions.

**Have I confessed all known sin?** Isaiah 59:1-2 says, “Surely the arm of the Lord is not too short to save, nor his ear too dull to hear. But your iniquities have separated you from your God: your sins have hidden his face from you, so that he will not hear.” “If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives” (1 John 1:10).

**Are all my relationships with others made right?** “For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.” (Matthew 6:14-15).

**Are you seeking His will in all things?** “This is the confidence we have in approaching God: that is we ask anything according to his will, he hears us. And if we know that he hears us – whatever we ask – we know that we have what we asked of him” (1 John 5:14-15).

**Are you seeking to glorify God above all things?** “And I will do whatever you ask in my name, so that the Son may bring glory to the Father. You may ask me for anything in my name, and I will do it” (John 14:13-14).

**Are you depending on the Holy Spirit’s guidance?** “In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God’s will” (Romans 8:26-27).

**Are you trusting God in spite of what seems to be?** “Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight” (Proverbs 3:5-6).

**Will you praise God no matter what?** “And we know that in all things God works for the good of those who love him, who have been called according to his purpose” (Romans 8:28). “Be joyful always; pray continually; give thanks in all circumstances, for this is God’s will for you in Christ Jesus” (1 Thessalonians 5:16-18).

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