

Praying Kingdom Prayers (75 Spiritual Qualities and Blessings to Pray)

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by Dr. Alvin VanderGriend)

This, then, is how you should pray: "Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven...And lead us not into temptation, but deliver us from the evil one." (Matthew 6:9–10,13)

Another angel, who had a golden censer, came and stood at the altar. He was given much incense to offer, with the prayers of all the saints, on the golden altar before the throne. The smoke of the incense, together with the prayers of the saints, went up before God from the angel's hand. Then the angel took the censer, filled it with fire from the altar, and hurled it on the earth; and there came peals of thunder, rumblings, flashes of lightning and an earthquake. (Revelation 8:3–5)

One of the most exciting discoveries that I ever made about prayer was that, when we are praying for ourselves [petition], if our hearts are right with God and we ask in accord with His will, God will give us what we ask (1 John 5:14–15). In an effort to personally claim that promise and receive God's riches, I made a list of seventy-five spiritual qualities and blessings mentioned in scripture—things I could be sure were

“in accord with God’s will.” I understood these to be God’s purposes in my life. I asked God for these things several times each week. What I found was that God, true to His word, heard and answered these prayers. Little by little these qualities and graces became more and more real in my life. God was answering because I was praying for what He wanted. I was praying kingdom prayers.

When we intercede in faith for things that God purposes to do, we can pray with absolute assurance that He hears and answers these prayers. They may not always be answered according to our expectations or on our timetables, but they will surely be answered. Our prayers contribute to what God is doing—building His kingdom.

Spiritual Qualities & Blessings God Will Give to Those Who Ask

Use this list to form your kingdom prayers. Perhaps you will want to journal through this list as you ask God for what you desire Him to develop in you, and as you ask Him for His blessing in your life.

- **Love**

“The fruit of the Spirit is...*love*.” (Gal. 5:22)

- **Joy**

“The fruit of the Spirit is...*joy*.” (Gal. 5:22)

- **Peace**

“The fruit of the Spirit is...*peace*.” (Gal. 5:22)

- **Patience**

“The fruit of the Spirit is...*patience*.” (Gal. 5:22)

- **Kindness**

“The fruit of the Spirit is...*kindness*.” (Gal. 5:22)

- **Goodness**

“The fruit of the Spirit is...*goodness*.” (Gal. 5:22)

- **Faithfulness**

“The fruit of the Spirit is...*faithfulness*.” (Gal. 5:22)

- **Gentleness**

“The fruit of the Spirit is...*gentleness*.” (Gal. 5:23)

- **Self-control**

“The fruit of the Spirit is...*self-control*.” (Gal. 5:23)

- **Truth**

“Stand firm then, with the belt of *truth*.” (Eph. 6:14)

- **Faith**

“Take up the shield of *faith*.” (Eph. 6:16)

- **Hope**

“We have this *hope* as an anchor.” (Heb. 6:19)

- **Spiritual Wisdom**

“Wisdom is supreme; therefore, get *wisdom*.” (Pr. 4:7)

- **Goodness**

“Make every effort to add goodness.” (2 Pet. 1:5)

- **Knowledge**

“Make every effort to add...*knowledge*.” (2 Pet. 1:5)

- **Perseverance**

“Make every effort to add...*perseverance*.” (2 Pet. 1:6)

- **Godliness**

“Make every effort to add...*godliness*.” (2 Pet. 1:7)

- **Depth of Insight**

“abound...in depth of *insight*.” (Phil. 1:9)

- **Discernment**

“able to *discern* what is best.” (Phil. 1:9)

- **Blameless**

“able to be...*blameless*.” (Phil. 1:10)

- **Righteousness**

“filled with the fruit of *righteousness*.” (Phil. 1:11)

- **Understanding**

“fill you with...spiritual...*understanding*.” (Col. 1:9)

- **Worthy Life**

“We pray that you may live *a life worthy* of the Lord.” (Col. 1:10)

- **Please God in All Things**

“We pray that you may...*please God* in every way.” (Col. 1:10)

- **Fruitfulness**

“We pray that you may...*bear fruit* in every good work.” (Col. 1:10)

- **Spiritual Power**

“We pray that you may...*be strengthened* with all power.” (Col. 1:11)

- **Endurance**

“so that you may have great *endurance*.” (Col. 1:11)

- **Gratefulness**

“We pray that you may...joyfully *give thanks*.” (Col. 1:12)

- **Compassion**

“Clothe yourselves with *compassion*.” (Col. 3:12)

- **Brotherly Kindness**

“Clothe yourselves ...with *kindness*.” (Col. 3:12)

- **Humility**

“Clothe yourselves with...*humility*.” (Col. 3:12)

- **Forbearance**

“*Bear with* each other.” (Col. 3:13)

- **Forgiveness**

“*Forgive* as the Lord forgave you.” (Col. 3:13)

- **Word of Christ**

“Let the *word of Christ* dwell in you richly.” (Col. 3:16)

- **Watchfulness**

“Devote yourselves to prayer being *watchful*.” (Col. 4:2)

- **Graciousness**

“Let your conversation be *seasoned with salt*.” (Col. 4:6)

- **Obedience**

“If anyone loves me he will *obey* my teaching.” (Jn. 14:23)

- **Holiness**

“You ought to live *holy* and godly lives.” (2 Pet. 3:11)

▪ **Filling of the Spirit**

“Be *filled* with the *Spirit*.” (Eph. 5:18)

▪ **Conformity to Christ**

“Predestined to be *conformed* to the image of his Son.” (Rom. 8:29)

▪ **Spiritual Riches**

“Chosen...to be *rich in faith* and to inherit the kingdom.” (Jas. 2:5)

▪ **God’s Calling**

“Live a life worthy of the *calling* you have received.” (Eph. 4:1)

▪ **Grace**

“But grow in the *grace*...of our Lord Jesus Christ.” (2 Pet. 3:18)

▪ **Spiritual Growth**

“Crave spiritual milk so that...you may *grow*.” (1 Pet. 2:2)

▪ **Spirit of Praise**

“Offer to God a sacrifice of *praise*.” (Heb. 3:15)

▪ **Blessings of the Lord**

“The Lord *bless* you and keep you.” (Num. 6:24)

▪ **Protection of the Lord**

“The Lord will *keep you from all harm*.” (Ps. 121:7)

▪ **Smile of God**

“The Lord make his *face to shine* upon you.” (Num. 6:25)

- **Sound Spirit**

“May your...spirit be kept blameless...” (1 Thess. 5:23)

- **Sound Soul**

“May your...*soul* be kept blameless...” (1 Thess. 5:23)

- **Sound Body**

“May your...*body* be kept blameless...” (1 Thess. 5:23)

- **Praising Heart**

“*Praise* the Lord, O my soul...” (Psalm 146:1)

- **Repentance**

“Godly sorrow brings *repentance*...” (2 Co. 7:10)

- **Submission**

“*Submit* yourselves, then, to God...” (Jas. 4:7)

- **Prayer Devoted**

“Devote yourselves to *prayer*.” (Col. 4:2)

- **Meditation**

“*Meditate* on it (the book of law) day and night...” (Jos. 1:8)

- **Poor of Spirit**

“Blessed are the *poor in spirit*.” (Matt. 5:3)

- **Mournful**

“Blessed are those who *mourn*.” (Matt. 5:4)

- **Meekness**

“Blessed are the *meek*.” (Matt. 5:5)

▪ **Hunger after Righteousness**

“Blessed are those who *hunger...after righteousness.*” (Matt. 5:6)

▪ **Merciful**

“Blessed are the *merciful.*” (Matt. 5:7)

▪ **Purity of Heart**

“Blessed are the *pure in heart.*” (Matt. 5:8)

▪ **Peacemaker**

“Blessed are the *peacemakers.*” (Matt. 5:9)

▪ **Salt of the Earth**

“You are the *salt of the earth.*” (Matt. 5:13)

▪ **Light of the World**

“You are the *light of the world.*” (Matt. 5:14-16)

▪ **Delivered from Evil**

“*Deliver us from evil.*” (Matt. 6:13)

▪ **Abiding in Christ**

“Abide in me and I will *abide in you.*” (John 15:4)

▪ **Equipped for Good Work**

“Thoroughly *equipped* for every good work.” (2 Tim. 3:17)

▪ **Integrity**

“The *integrity* of the upright guides them...” (Prov. 11:3)

▪ **Mind of Christ**

“We have the *mind of Christ.*” (1 Co 2:16)

▪ **Quietness and Confidence**

“The fruit...will be *quietness and confidence* forever.” (Isa:17)

▪ **Thinking God’s Thoughts**

“How precious to me are your *thoughts*, O God!” (Ps. 139:17)

▪ **Useful to the Master**

Made holy, *useful to the master.*” (2 Tim. 2:21)

▪ **Spirit of Worship**

“*Worship* the Lord in the splendor of his holiness.” (1 Ch.16:29)

▪ **Thirst for God**

“My soul *thirsts* for God, for the living God.” (Ps. 42:2)

▪ **Zeal for the Lord**

“Never be lacking in *zeal*, keep your spiritual fervor.” (Rom. 12:11)

▪ **Generosity**

“Honor the Lord with your wealth.” (Pr. 3:9)

▪ **Honesty**

“Do not give false testimony...” (Matt. 19:18)

▪ **Holy Spirit**

“Your Father in heaven will give the *Holy Spirit*...” (Lk 11:13)

▪ **Eternal Life**

“The gift of God is *eternal life* in Christ Jesus.” (Rom. 6:23)



PRAYER, PEACE, and the PRESENCE of GOD by David Butts

As believers, we are supposed to walk in the peace of Christ, yet we all have stressful issues and circumstances that rob us of this peace. Subtitled "A 30-Day Journey to Experience the Shalom of Jesus," *Prayer, Peace and the Presence of God* powerfully encourages the reader on how to hold onto that peace in any circumstance.

The author, David Butts, started writing this book and 10 days into it he got word that he was in stage 4 with a rare form of lymphoma. God allowed him to live, in a greater way, what he is challenging readers to do in *Prayer, Peace and the Presence of God*.

His 30-day devotional will encourage, inspire and challenge you that you, too, can experience and walk in the peace of

Jesus no matter what circumstances you are walking through.

[Learn more about purchasing this book here](#)

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A-Dave's Blog Post Template

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(PASTE YOUR TEXT OVER THE OLD TEXT) In a time when so many of us struggle to even know how to pray, here is my prayer for our nation. I invite you to join me in lifting these requests to God:

Father of all that is, I bow before You acknowledging You as creator and king over all. As I come to pray for my country, I

realize that the prophet Isaiah told us that “the nations are like a drop in a bucket; they are regarded as dust on the scales” (Is 40:15). No great empire or humble province lasts forever. Yet Your will brings nations into being and uses them as instruments for Your purposes. The Apostle Paul told us, “From one man he (God) made every nation of men, that they should inhabit the whole earth; and he determined the times set for them and the exact place where they should live.” (Acts 17:26).

I thank you for calling into being the United States of America. I am grateful for the godly foundation laid by men and women of faith who built into the very fabric of our country a commitment to freedom that was seen as being a gift from You. Thank You for the sacrifice of so many through the years who gave time, effort, and sometimes, their very lives to preserve and protect that freedom.

With no lessening of my appreciation for this nation, I also realize that we have fallen short of our promise. We have increasingly depended upon our own strength and wisdom rather than that which comes from above. We have often catered to the wealthy and ignored the needs of the poor and afflicted. We have failed to accept all life as a gift from You and have treated the unborn, the ill, and the elderly with increasing contempt. In spite of our stated values of equality and justice, we continue to harbor racism and injustice within our society. Most of all, we have turned our back on You and sought to live as though You were not.

We face troubling times. Our economy has been damaged and many of our citizens are hurting. Our nation is fractured and badly divided in so many ways. The issues faced by our leaders are enormous. Grant them Your grace and peace. Fill them with Your Holy Spirit and give them wisdom and discernment in this critical hour.

Lord...we repent! Please pour out upon our nation a spirit of

repentance. Help us to turn from sin and turn back to You. As we seek Your face, would You revive your people once again? Would you empower Your church in this nation to be the salt and light You have called us to be? Would you help us to love You with all of our mind, heart and soul and strength, and to love one another deeply with kindness and goodness? Make us one, Lord, as You and the Father are one. Holy Spirit, teach us how to honor and respect one another and to journey together with one heart – the heart of Jesus. Transform us into image bearers of Christ who bring glory and honor to our Father whenever we speak or act.

Father, in these days of decision, fulfill Your purposes for our nation. I stand in prayer with my brothers and sisters in Christ and re-commit the United States into your care.

Restore to us the vision of being a city on a hill, a place from which the light of Christ can shine to the nations. May we be a nation whose God is the Lord!

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Biography

David is a much sought after conference speaker both nationally and internationally. He serves on several Boards of Directors and committees focused on prayer, revival and evangelism including:

- President, Gospel Revivals, Inc. (*Herald of His Coming*)
- Chairman, America's National Prayer Committee
- Treasurer, Denominational Prayer Leaders' Network
- Chairman, Pioneer Bible Translators Board of Directors
- Facilitation Committee – Mission America Coalition
- Executive Committee – Awakening America Alliance
- President 2014 – International Conference on Missions (ICOM)

Some of Dave's Book

DAVID BUTTS

THE DEVIL GOES TO CHURCH

COMBATING THE
EVERYDAY ATTACKS
OF SATAN

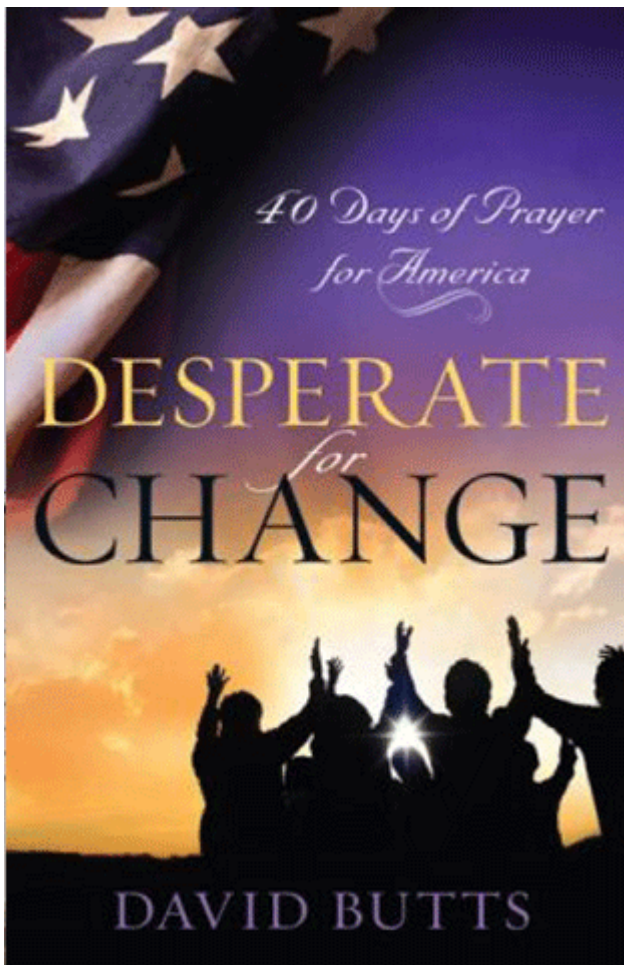
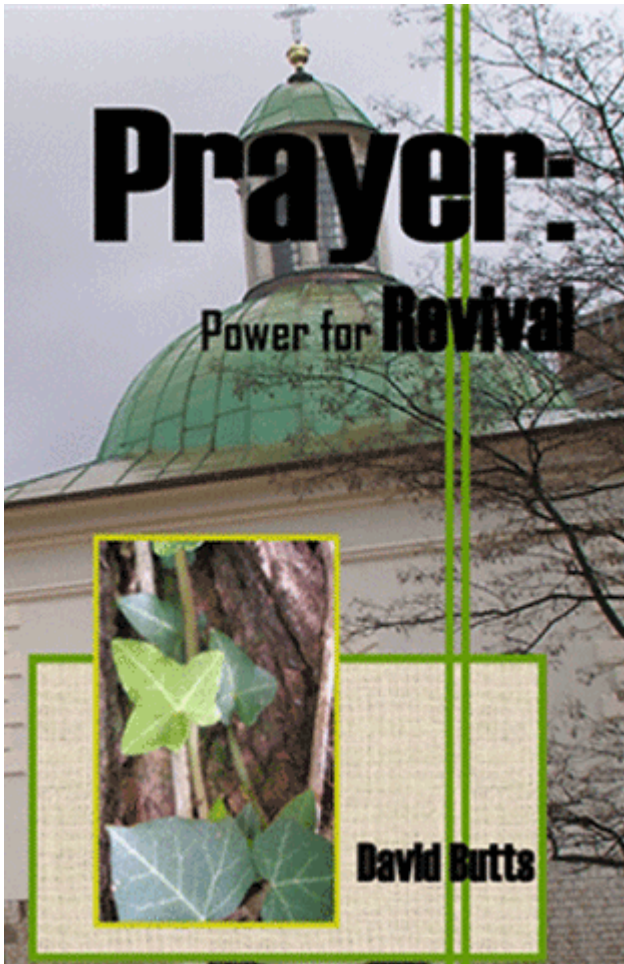
FOREWORD BY HENRY BLACKABY

DAVID BUTTS

PRAYER AND THE END OF DAYS

PRAYING GOD'S
PURPOSES IN
TROUBLED TIMES





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A-Kim's Blog Post Template

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(PASTE YOUR NEW TEXT HERE OVER THE OLD TEXT) Each year, it's usual and appropriate to prayerfully look back, remember, assess, and reflect on how the year has gone...and then to prayerfully take a look forward...seeking the heart of God about how to live more grace-filled, courageous lives that bring glory to His Kingdom.

This past year has been unusual, to say the least. The process mentioned above has, at least for me, gone somewhat off the rails in terms of what "normal" or even "extraordinary" looks like in 2020. How do we evaluate a year that has been unlike any other in our lives? I suggest that, despite all that has changed, been different or unsettling, or that has challenged the limits of our faith – we should not be paralyzed in our efforts to see God at work in the midst of it all.

Here is a prayerful way to process all that has happened in the midst of your relationships with God and others, and to

look forward to what lies ahead. I hope it will be a blessing to you:

1. **Sit in silence for a few minutes daily** – perhaps light a candle as a reminder that Jesus is the Light of the World, and that you are seated in His presence. Breathe out any burden, heartache, pain, fear, uncertainty or anger. Breathe in His peace.
2. **Remind yourself that He is very near** as you pray from Psalm 46:1-3, “Lord Jesus, thank You for being my refuge and strength, an ever-present help in times of trouble. Because of Your presence I will not fear...even if the earth gives way and the mountains fall into the heart of the sea...though its waters roar and foam and the mountains quake with their surging.”
3. **Reflect on all that has swirled around you this year:**
 - Name the things that stand out from this past year as you sit in the stillness.
 - Invite God to meet you in the midst of every remembered situation, relationship, struggle or joy that comes to mind.
 - Take time to imagine Him being near in every circumstance even if you cannot remember His presence when the event happened. Ask Him to show you where He was in the midst of everything that comes to mind. Thank Him for His presence.
 - Ask Him to help you to find joy and peace in whatever has caused turmoil or distress.
 - Give God thanks for everything He has walked you through. Thank Him for the blessings, expected and unexpected, that have come your way.
 - Thank Him for the way He has shown up in your life this past year.
4. **Have you reflected Christ to others in the midst of the upheaval, fear, anger, angst, violence, uncertainty and**

pain? Ask God to show you those who have experienced His love or encouragement through you this past year...and those who haven't. Ask Him to bring to mind those who have experienced darkness, pain or distress, but have seen and experienced extraordinary love, forgiveness, patience, peace, kindness, generosity and even joy from Jesus living within you. When God shows you those who needed encouragement, peace, etc. from you and didn't receive it, ask God for His forgiveness. Ask for His help and strength to reflect Jesus better and more fully in your relationships in this new year.

5. **Have you prayed for those who have disagreed with you or done harm to you and/or others this year?** Think about every painful, frustrating or difficult experience with others and release each person to God. Ask Him to restore your joy and give you a deep desire to pray for His presence to be evident in their lives. Ask Him to help you to learn to love those who may have persecuted you or treated you badly this past year.
6. **Has your life been marked by forgiveness?** Ask the Father to give you the grace gift of forgiveness to extend to each person who came to your mind in #5. Ask God to forgive you for each person you may have damaged by your words or actions as He brings them to mind. Next, ask Him to show you anyone you may need to go to and ask to be forgiven by. Determine to set things right in any relationship that has been damaged. Deny any attempts of the enemy to make you feel guilty. There is no condemnation for those who are in Christ Jesus (Romans 8:1). Receive His pleasure as you seek His heart in each circumstance and relationship.
7. **What does God have for you in this new year?** Take time to seek the heart of God for your direction and purpose. Perhaps He will give you a Scripture, a word of encouragement or a challenge. Ask Him to fill you with

His hope, joy and peace. Most of all, ask Him to strengthen your desire to carry the Light of the World into the darkness with every step, word, and action. Renew your desire to be His hands and feet in great love.

8. **End this time in silence.** As your time of reflection comes to a close, give thanks to Father, Son and Holy Spirit for meeting with you in this season of prayer. Sit quietly for a few moments in the peace of His presence. When you feel ready, blow out the candle and carry His presence into the world.

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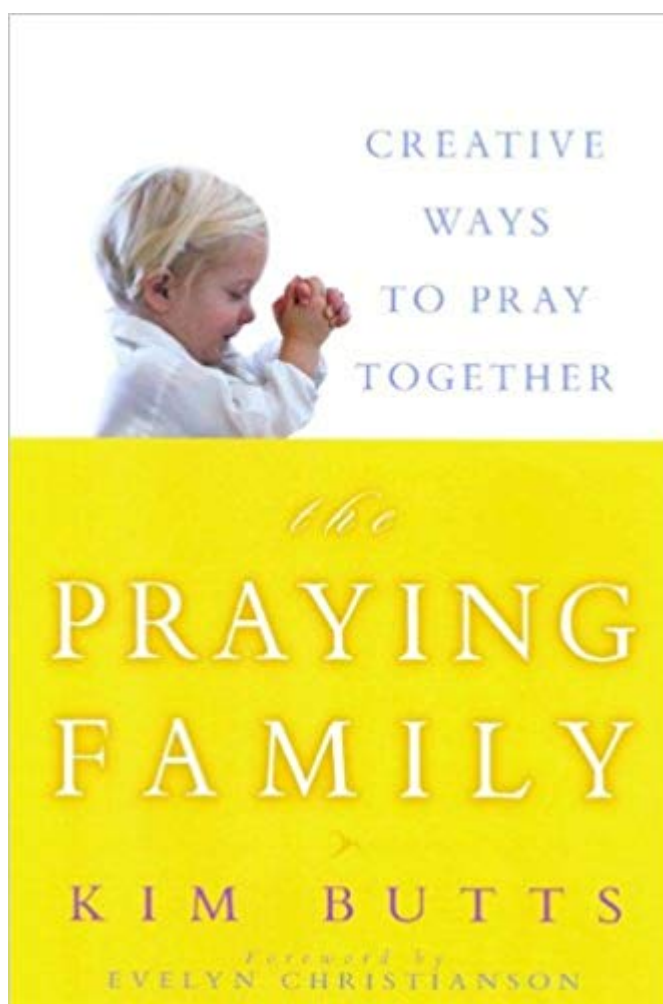
Biography

Kim's passion is to see God's people recognize that prayer is a creative, continual moment by moment lifestyle as we align our hearts with the plans and purposes of God for His glory and the sake of His kingdom. Her ministry involves writing,

teaching and consulting. She also compiles and edits HPM's free daily devotional, [Connection!](#) and [blogs](#) regularly on the HPM website).

Kim graduated from Whitman College with teaching credentials and a BA in Psychology. She has a Masters degree in Spiritual Formation and Leadership from Spring Arbor University.

Some of Kim's Books



PRAY

Like the

KING

*Lessons from the
Prayers of
Israel's Kings*



David & Kim Butts

FOREWORD BY DICK EASTMAN

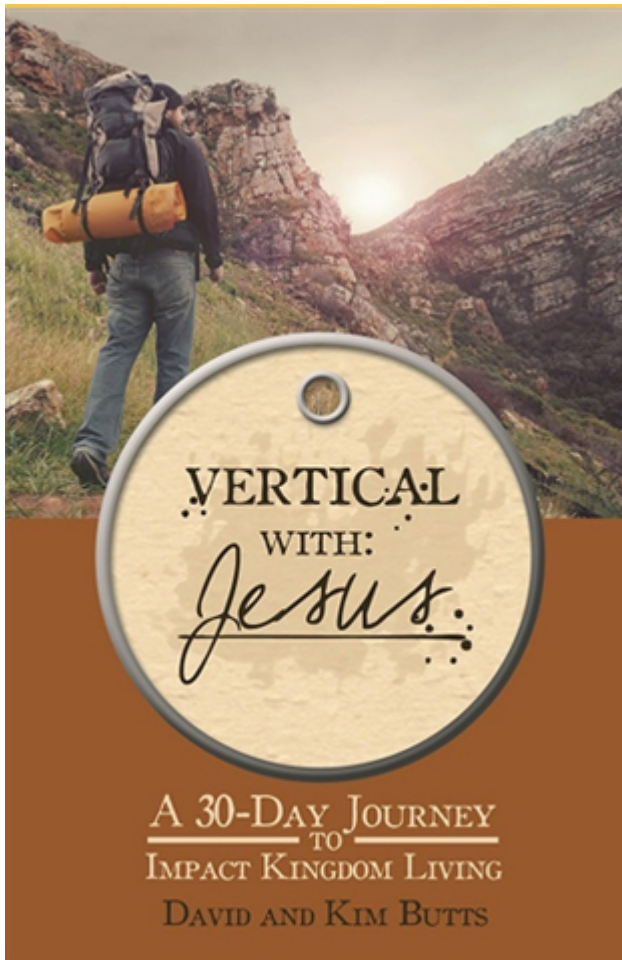
REVOLUTION
on Our

KNEES



30 Days of Prayer for Neighbors and Nations

DAVID & KIM BUTTS



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