

PRAYER IN SUFFERING



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by [Kim Butts](#)

Recently, I have heard the heart cry of several friends and family who have been enduring significant seasons of suffering. Some are dealing with physical and emotional struggles; others, with financial stresses and setbacks or prodigal children. Still others are agonizing over the suffering or loss of family members or friends. Most are in a place where their prayer lives have become paralyzed. I have been in these dark places of despair, and struggled with the "Why me, God?" questions. Yet, it was in these times of desolation and anguish that God spoke most clearly and it was in the hopeless places where I found the most hope . . . and where I learned without a doubt that the God of all comfort

was very present.

2 Corinthians 1:3-5 has always held for me the all-important key to enduring difficulties: "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God. For just as the sufferings of Christ are ours in abundance, so also our comfort is abundant through Christ."

This passage came to the forefront after experiencing a devastating season of suffering in my own life which I thought might never end. I began to see something happen that I had never expected, and did not fully comprehend until time had passed. But our grace-filled Father patiently used my painful experiences and trials to minister into the lives of others who were walking through similar circumstances. It was the fulfillment of the truth from 2 Corinthians taking root in my life. Seeing this promise come to fruition was life-changing for me, and has allowed me to see suffering in an entirely different light. I don't have to like it, but if I patiently endure it, God will be faithful not only in the midst of what I am walking through...He will take it and use it for His kingdom's purposes!

To punctuate this point, 1 Thessalonians 5:16-18 says, "Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus." If God's will for me is to joyfully and prayerfully give thanks in the midst of every circumstance, then I must be an obedient child, even when I am unsure...even when I am angry...and even when I don't feel like praying, trusting that He will make use of every season I am in! I would suggest that it is best when we don't feel like praying to do two things. First, just breathe the name of Jesus into the space around you. His Name keeps the enemy at bay and His Name releases the power of Christ into our situations. Second, play worship

music so that your surroundings are permeated by the Presence of the God of Comfort. He is attracted to our worship, so as we focus on Him rather than upon our circumstances, He will reveal Himself in ways we may never expect.

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Biography

Kim serves as the Executive Director of Harvest Prayer Ministries which she co-founded in 1993 with her late husband, Dave (1953-2022). Her ministry involves teaching/training and consulting as well as writing and developing resources. She is content coordinator for HPM's teaching platform, PrayerU.com

and also compiles and edits HPM's free daily devotional, [Connection!](#) as well as [Prayer Tip Tuesday](#).

Kim has written multiple books and has published articles in a variety of magazines and publications. She is a member of America's National Prayer Committee and serves as President of Gospel Revivals, Inc. (Herald of His Coming).

Kim has a BA in Psychology and a Masters degree in Spiritual Formation and Leadership.

Some of Kim's Books



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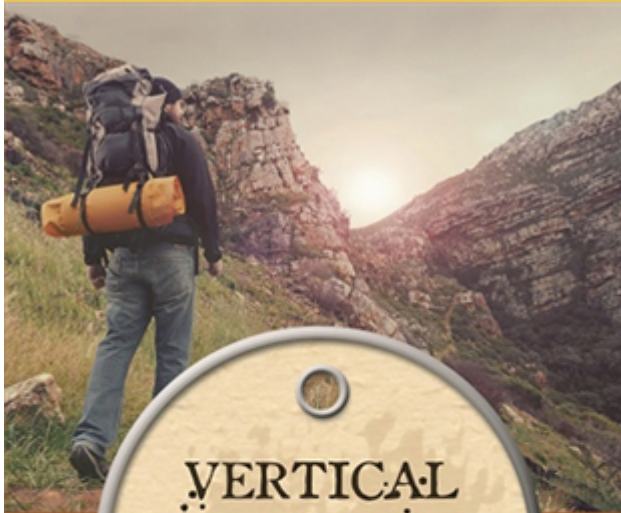
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